



European and Swiss Congress of Internal Medicine 2014

14-16 May 2014

Geneva, Switzerland

Symposium Integrated health care: Elucidating the concept and principles and reflecting on implementation and evaluation for Switzerland

Palexpo Geneva, 15 May 2014, 14.00-18.00

Moderators:

Arnaud Perrier, MD (University of Geneva, CH)

Isabelle Peytremann-Bridevaux, MD, MPH, DSc (University of Lausanne, CH)

Sabina De Geest, PhD, RN (University of Basel, CH & KU Leuven, Belgium)



SYMPOSIUM

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FACULTY

R. Bengoa, H.U. Blunier, S. De Geest, I. Peytremann-Bridevaux, P. Schaller, B. Vrijhoef (see bio-sketches)

INTRODUCTION

Integrated health care is proposed as a relevant strategy to tackle the challenges of a reactive, uncoordinated and costly health care systems that struggles with caring for an increasing group of elderly and multimorbid patients.

Yet, what integrated health care entails is not always well understood by the different stakeholders.

The World Health Organization (WHO/2008) defines Integrated Care «as a concept bringing together inputs, delivery, management and organization of services related to diagnosis, treatment, care, rehabilitation and health promotion. Integration is a means to improve services in relation to access, quality, user satisfaction and efficiency».

This symposium has the following goals:

- Clarifying the principles of integrated health care
- Presentation of successful case studies/research of integrated health care internationally and in Switzerland with special focus on primary care
- Reflecting and discussing principles of integrated health care in daily clinical practice

LEARNING METHODS

Presentations, case studies, discussion round

PARTICIPANTS

Physicians, nurses, pharmacists, physiotherapists, policy makers, health care managers

ROOM

Room V

LANGUAGE

English (with translation in French/German)

PROGRAM

- 14.00- 14.10** **Welcome and review of symposium**
Goals for the symposium are reviewed and faculty introduced
A. Perrier, S. De Geest
-
- 14.10- 15.00** **Why are all health care reforms leaning strategically on integrated health care?**
R. Bengoa
-
- 15.00- 15.30** Coffee Break
-
- 15.30- 16.10** **Integrated health care: Where is Switzerland to be positioned?**
Positioning Switzerland in view of integrated care in an international context: Some benchmarking data
S. De Geest

Current status of Chronic Illness Care in Switzerland
I. Peytremann-Bridevaux
-
- 16.10- 17.10** **Case studies**
Goal of the case studies is to provide examples from real life primary care. The presenters will describe the content of the strategies of integrated health care that have been implemented. Outcomes will be presented if available. Barriers/strategies for implementation and/or sustainability of the intervention(s) will be discussed.

Integrated care in the Netherlands: A winding road
B. Vrijhoef

Medizentrum Schüpfen, Seeland, CH
H.U. Blunier (presentation in German)

Intégration des soins : deux modèles de maison de santé (Genève et Sembrancher VS)
P. Schaller (presentation in French)
-
- 17.10- 17.50** **Discussion round**
Discussion of perceived/experienced valuable interventions, barriers and facilitators in the implementation and sustainability of integrated health care in the daily clinical practice of participants
-
- 17.50- 18.00** **Evaluation of symposium & conclusion**



Arnaud Perrier, MD studied Medicine in the Geneva University Faculty of Medicine in Switzerland, from which he graduated in 1982. After 2 years of basic research in renal physiology, he trained in internal medicine and in pulmonology in the Geneva University Hospital. He returned to a full time position in internal medicine in 1994 and is currently head of the Division of General Internal Medicine and of the Department of Internal Medicine, Rehabilitation and Geriatrics in the Geneva University Hospital. His main research interests cover the field of venous thromboembolism, decision analysis, community-acquired pneumonia and clinical pathways.
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Isabelle Peytremann-Bridevaux, MD, MPH, DSc is Assistant Professor at the University of Lausanne (Institut of Social and Preventive Medicine), Switzerland. She obtained her medical degree from the University of Geneva, her Health Service Research Master's and Doctorate of Sciences degrees from the University of Washington (USA) and University of Erasmus (NL), respectively. She is conducting research and development activities in the fields of chronic care management and quality of care, and is currently principal investigator of several projects targeting the organization of care of patients with diabetes and chronic obstructive pulmonary diseases.
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Sabina De Geest, PhD, RN is a Professor of Nursing and Director of the Institute of Nursing Science (INS) and Chair of the Department of Public Health of the Faculty of Medicine at the University of Basel, Switzerland. She is also a part time Professor of Nursing at Health Services and Nursing Research at the KU Leuven (Belgium) and adjunct Professor at the Johns Hopkins University (USA). The INS in Basel was the first in Switzerland and German speaking world to launch Advanced Nursing Practice Education. It focuses its education and research strongly on aspects of chronic illness management.
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Rafael Bengoa's career has been both national and international. He has practiced as a doctor (MD) for 7 years in both hospital and primary care. He is MSc in Community Medicine by London School of Hygiene and Community Medicine and MSc in Health Care Management (UK). He has worked for over 15 years for the World Health Organization in Copenhagen and in Geneva where he was Director of Management of Chronic Conditions and then Director for Health System Policies until 2006. He has co-authored numerous health care policy documents in Spain and internationally. He is Director of the Health Department at the DEUSTO Business School in Spain.
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Bert Vrijhoef is Professor of Health Systems and Policy at the National University of Singapore and Professor of Chronic Care at the Scientific Centre for Care and Welfare, Tilburg University, the Netherlands. He is principal investigator of studies about chronic care management, telemonitoring, advanced nursing, and redesigning healthcare delivery in the Netherlands, other European countries and Singapore. He has authored over 150 scientific publications and was awarded the International Harkness Fellowship by the Commonwealth Fund in 2008.
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Hans-Ulrich Blunier, MD is an internist who was trained as an MD at the University of Basel and the University of Bern and who received training in internal medicine at Tiefenauspital und Inselspital (Switzerland). He worked as a senior physician position at the Kantonsspital Freiburg, a position he left in 1990 to become a primary care practitioner taking over a rural primary care clinic in Schüpfen (Bernese Seeland). Dr. Blunier is at the forefront of the development and implementation of an interdisciplinary primary care concept, called MediZentrum. The latter is currently adopted by other primary care practices to tackle the challenges in primary care delivery.
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Philippe Schaller, MD, MSc. After completing his medical training at the University hospitals of Geneva (HUG), he set up his practice within the Groupe Médical d'Onex (canton Geneva), of which he is a founder. He rapidly got interested in public health and the healthcare system's organisation (www.philippe-schaller.ch). With his colleague, Dr. M.-A. Raetzo, he leads, since 1992, the most important integrated care network of Switzerland, with a budgetary co-responsibility: the Delta network (www.reseau-delta.ch), which currently includes 140'000 insureds in the cantons of Geneva and Vaud and 400 general practitioners.
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